

## CMCO: More Preparation Time Needed

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**We, the undersigned patients, former patients, non-government organisations, public health professionals and individuals express concern of the Government's recent announcement to introduce a Conditional Movement Control Order (CMCO) on 4 May.**

It would have been better if the recent announcement was made for implementation after 12 May as part of life post-MCO. **That would have given at least a week for preparation.**

Due to the incalculable sacrifices made by the thousands of people delivering Malaysia's essential services in hospitals, clinics, at roads, roadblocks, markets and offices, the country has made remarkable progress in the COVID-19 public health emergency and achieved results which are the envy of many countries in the region and around the world.

Though more than a hundred people have died, lives have also been saved. Thousands have already recovered from being infected, and have returned home to their families and loved ones.

However, this achievement has come at a tremendous price.

Everyone has been hurt by the imposition of the MCO. The impact to the economy has been severe. People have lost jobs, livelihoods of families and communities have been jeopardised. Poor mental health and a lack of physical activity have increased conflict, depression and caused suffering.

**We definitely need to gradually relax the restrictions and ensure that we are able to go back to life, to work and to rebuild.**

**However, we are concerned that these achievements could be lost if there is not enough investment in time ensuring that people are sufficiently prepared to protect themselves, families, places of work and communities.**

**There is a real risk of successive waves of COVID-19 infection as a result of non-compliance and misunderstanding of the Standard Operating Procedures (SOPs) due to the lack of preparation time.**

**This could result in Malaysia moving from this MCO to another one potentially in a couple of months. We cannot afford that.**

There seems to be an overdependence on and expectation that SOPs will solve problems without first investing in ensuring that communities, businesses and the public are briefed and trained on them. There must be sufficient time for businesses and people to prepare to ensure proper compliance and adherence.

**Successful adherence requires proper understanding and preparation. Two days is not enough time.**

Employers and employees of offices, retail and food shop outlets and other places of work are not likely to be adequately briefed and trained on the specifics of disease prevention according to their work location.

Everyone should be proactive in making serious preparations to reopen businesses and workplaces. The Ministry of Health, other government agencies and healthcare professionals should be able to offer guidance and enforcement, but we must take personal responsibility to make our homes, offices and businesses COVID-19 safe.

**Lack of preparation will result in unsuccessful implementation of the SOPs, increased risks, frustration, conflict, public tension, and most importantly, increased infection and spread of the disease.**

We hope that the government will consider these concerns and ensure that our sacrifices for the past four months will not be in vain.

**END**

*This statement is signed by 359 individuals and organisations*

## **SIGNATURES**

### **DOCTORS**

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3. Associate Prof. Dr. Nirmala Bhoo Pathy
4. Dato' Dr Amar-Singh HSS
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6. Dr Anantbir Kaur
7. Dr Anjalai Pathmalingam
8. Dr Chandriga Marimuthu
9. Dr Darshan Singh a/l Harnam Singh
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13. Dr Jeyashree Jacob
14. Dr John Teo Beng Ho
15. Dr Kelvin Yii Lee Wuen (Bandar Kuching)
16. Dr Kok Tack Sang
17. Dr Kong Chee Kwan
18. Dr Lau Yoke Chin
19. Dr Lee Kai Chi
20. Dr Lim Lye Keun
21. Dr Looi Kwok Wah
22. Dr Mior Mohd Yusuf Adnan
23. Dr Mohazmi Mohamed
24. Dr Mohd Ediamin Bin Suhaimi.
25. Dr Nabilah Mohamad
26. Dr Nagammai
27. Dr Natasha Rusli
28. Dr Nur Amani Ahmad Tajuddin
29. Dr Ong Seong Aun

30. Dr Rathan Singh A/L Indar Singh
31. Dr Razimah Hanim Abu Zarim
32. Dr Shobha Sharma
33. Dr Shreen
34. Dr Sorana
35. Dr Srikumaran Samy
36. Dr Subatra Jayaraj
37. Dr Sukdershan 324Singh
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44. Dr. Fariha Ramli
45. Dr. James
46. Dr. Lee Kok Tee
47. Dr. Leow Bee Fung
48. Dr. Muhaimin Haris
49. Dr. Samreet Singh Sandu
50. Dr. Wong
51. Dr. Yip Cheng-Har
52. Dr. Ganabaskaran

### **ORGANISATIONS/ ASSOCIATIONS**

53. All Women's Action Society (AWAM)
54. Breast Cancer Welfare Association Malaysia

55. CHALLENGER Malaysia
56. ENGAGE
57. Enlight Malaysia
58. Galen Centre for Health & Social Policy
59. Health Equity Initiatives
60. Our Journey
61. Persatuan Kanak-Kanak Istimewa Kajang, Selangor
62. Poliklinik V-Care
63. Society for Cancer Advocacy & Awareness Kuching (SCAN)

## **INDIVIDUALS**

64. Aamyra Amin
65. Ab Razak bin Abu Bakar
66. Abdul Hakim Bin Abu Bakar
67. Adeline Tan
68. Ady Bay
69. Afonso Mota
70. Agnes Teoh
71. Alexis Gilbert
72. Alice ML Yap
73. Alison Christ
74. Amar Kaur
75. Ameyliah
76. Amirthavalli A.
77. Amnah Salleh
78. Amritpreeta Kaur
79. Ang Hong Eng
80. Angela Foo
81. Angelene Bartholomew
82. Angie Heng
83. Annie Chai
84. Annie Ling
85. Anoshe Amaron
86. Antonio Faria
87. Anushia Vengadasalam
88. Ariya Suk Hui Ng
89. Arvinder Singh HS
90. Ashbie Tai
91. Asvin Kumar a/l Hari Narayanan
92. Ayut Hadhim
93. Azmin MK
94. Bala Chandran
95. Barbara Ng
96. Belle Yap
97. Benny Chai
98. Bernadette Koh
99. Bernard Hyacinth
100. Betsy Teoh
101. Betty Teo
102. Bolhassan Iskandar
103. Bong Pei Ling
104. Bong Pei Pei
105. Bonita Chai
106. Carol Jennifer Soars
107. Celia Mark
108. Chai Hin
109. Chan Chui Fang
110. Chan Lai Wan
111. Chan Pooi Kee
112. Chan Wai Yee
113. Chang Hon Fey
114. Charanpal Singh
115. Chempaka Emalin Pahamin
116. Cheong Kah Hor
117. Cheong Wye Choon
118. Chew Bok Yu
119. Chew Wai Hoe
120. Chng Poh Yan
121. Choo Sow Yee
122. Chris Jerry
123. Christine
124. Christopher Yin
125. Cindy Iil
126. Crystal Wong
127. Damien Ong-Yeoh
128. Daniel Koh
129. Daphne Low Wei Ing
130. Daphne Tee
131. Deidre Nair
132. Den Koh
133. Desiree Nair
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137. Edmund Lim
138. Ee Heng Yin
139. Elaine Thong
140. Elizabeth Chrisostom
141. Elsa Haniffah Mejia Mohamed
142. Emily Loo
143. Yong Huey Leng
144. Esther Khong
145. Feilina Feisol
146. Feisal Kamil
147. Filipe Garcia
148. Foo Beau Kee
149. Gan Le-anne
150. Goh Eng Chua
151. Goh Hock Guan
152. Goh Saw Imm
153. Gopalan Achuthan Nair
154. Gordon Gerard Hendricks

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| 156. | Gurdev Singh                    | 210. | Liang Huei Yee            |
| 157. | Gurmukh Singh                   | 211. | Lim Ai Gaik               |
| 158. | Harbaksh Singh                  | 212. | Lim Ai Kim                |
| 159. | Harry Dutt                      | 213. | Lim Boo beat              |
| 160. | Harvinder Singh                 | 214. | Lim Guat Lian             |
| 161. | Heidi Woo                       | 215. | Lim Guat Suan             |
| 162. | Hirddai Singhh Hans             | 216. | Lim Pei Keen              |
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| 164. | Irene Ng                        | 218. | Lim Swee Im               |
| 165. | Ivan Yong Yoon Onn              | 219. | Lim Swee See              |
| 166. | Jacey kohj                      | 220. | Lin Hafni Ahmed           |
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| 171. | Janet Khor                      | 225. | M Ashvin                  |
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| 174. | Jasmine Kaur                    | 228. | M.Hamsanandi              |
| 175. | Jasmine Shun I                  | 229. | M.Nair                    |
| 176. | Jaswant Kaur                    | 230. | Maala Nair                |
| 177. | Jayalakshmi Srinivas            | 231. | Madeline Lim              |
| 178. | Jean Lim                        | 232. | Mallika a/p M. S. Maniam  |
| 179. | Jean Vaneisha Ravindran         | 233. | Manjit Singh              |
| 180. | Jenny Siow                      | 234. | Margaret Chew             |
| 181. | Jessica Lim                     | 235. | Marion Khor               |
| 182. | Jessie Vadiveloo                | 236. | Mariyana Abu Barker       |
| 183. | Jocelyn Ng                      | 237. | Marsdinah Hasim           |
| 184. | John Douglas Scott              | 238. | Mary Chen                 |
| 185. | John Lee Chay Chye              | 239. | May Tan                   |
| 186. | Jolly Goh                       | 240. | Mayna Ramesh Patel        |
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| 188. | Joseph Pany                     | 242. | Mejit Singh               |
| 189. | Jothee a/l Sinnakkannu          | 243. | Melanie                   |
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| 191. | Kam Poh Lei                     | 245. | Melissa                   |
| 192. | Kan Keong Tuck                  | 246. | Melissa Hew               |
| 193. | Karen Gooi                      | 247. | Michelle Koh              |
| 194. | Kathy Thong                     | 248. | Michelle Lou              |
| 195. | Katrina Felix                   | 249. | Mike Koh                  |
| 196. | Keenan Chirayil                 | 250. | Mitch Yusmar Yusof        |
| 197. | Khoo Teng Choon                 | 251. | Moganasundari Mahalingam  |
| 198. | Khoo Teng Choon                 | 252. | Molly Lim                 |
| 199. | Khor Ai-Na                      | 253. | Mrs Parvati Sharma        |
| 200. | Koay Seng Hock                  | 254. | Muhamad Nabil Ahmad Husni |
| 201. | Kok Wing Soon                   | 255. | Muhammad Azree Mohd Azmi  |
| 202. | Kricia Bong                     | 256. | Muhammad Feisol Hassan    |
| 203. | Lalitha Kunaratnam              | 257. | Muniandy Shunmugam        |
| 204. | Laura Gayathri                  | 258. | Muthu Suppiah             |
| 205. | Lee Suan Tee                    | 259. | Nadine Chirayil           |
| 206. | Lee Tian Hua                    | 260. | Naim Rafaie               |
| 207. | Leela Panikkar                  | 261. | Natalie Kan               |
| 208. | Lenny Koy                       | 262. | Natasha Fuad              |

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 264. Naziaty Mohd Yaacob  
 265. Nazirah  
 266. Nelson Dino  
 267. Nerine Ong  
 268. Ng Lai Thin  
 269. Ng Lay Hoon  
 270. Ng Yean Joo  
 271. Ng Yiow Kheng  
 272. Nik Elin Zurina bt Nik Abdul Rashid  
 273. Nurul Hidayah Mohd Azmi  
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 282. Paul Chong Kian Ming  
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 296. Ranjit Kaur Pritam Singh  
 297. Ratneswary Rasiah  
 298. Ravinderjit Singh  
 299. Reshma  
 300. Rizalina binti Jumairy  
 301. Romeo Yee  
 302. Rona Goh  
 303. Roselind Wee  
 304. Roslina Manap  
 305. Rowland Jayawardena  
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 315. Sevakumar Batumalai  
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 325. Sumarni Matnin  
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 327. Susie lim  
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 330. Tan Moh Kim  
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 332. Tang Soo Yee  
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 334. Teo Huey Yee  
 335. Teresa Sennyah  
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 338. Tony Khoo  
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 344. Victoria Siaw  
 345. Vikramjit Singh  
 346. Viswanathan Supramanian  
 347. W Dona Irene  
 348. Wendy Woo  
 349. Wong Ee Leen  
 350. Wong Poai Hong  
 351. Woo Yee Saik  
 352. Yap Voon Lip  
 353. Yeong Moh Foong  
 354. Yew Mun Chun  
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